January 9, 2023

To the Territorial Directive Colleges

Dear friends in Jesus Christ,

We send you a cordial greeting in this new year, asking the Lord that this be a time of grace and blessing for each one.

We share with you the document *Considerations on Charisms, Healing Ministry and Life in the Spirit*, fruit of the joint work carried out by commissions of the Regnum Christi Federation and the Legionaries of Christ. Its purpose is to provide a broad context that helps members to understand and contextualize the subject and offer some guidance that helps in discernment of the expression and service of the gifts of the Spirit. It is important that we integrate them within the framework of a deep spiritual life, grounded in the charism that the Lord has given us, and in the teachings and recommendations of the Church.

Given the novelty of expressions of charismatic spirituality introduced in some activities and ministries of different vocations in Regnum Christi, both commissions have worked in coordination to undertake a shared study and propose some orientations and considerations. The commissions have listened to the experiences of a broad group of people with varied perspectives on the subject, and a representative group of superiors and directors of the different levels of government, including yourselves, as members of territorial directive colleges. The general criteria given in the document seeks, above all, to help to us live the advice of Saint Paul in the First Letter to the Thessalonians: "Examine everything, keep the good" (1 Thes 5:21).

Recognizing the good that every action of God has in the lives of people, it also seems essential to us to highlight the importance of exercising care for all that pertains to Regnum Christi, with respect for the fact that traditionally there has been a certain sobriety in the expression of our spirituality. The most important guidelines for the spiritual life and practices of prayer for Regnum Christi members are already found in the publication of the new prayer book, *Lord, Teach Us to Pray.*
Likewise, it is necessary to recognize and cultivate the sacraments as the ordinary, preferred, and privileged means by which Our Lord shares his life and grace with us. “Sacraments are "powers that come forth" from the Body of Christ, which is ever-living and life-giving. They are actions of the Holy Spirit at work in his Body, the Church. They are "the masterworks of God" in the new and everlasting covenant” (*Catechism of the Catholic Churches*, n. 1116).

The document has been approved by the General Directive College and ratified by the general governments of the federated institutions.

We hope that local directors and section directors will read and use this document, and that it will serve to seek and propose paths of discernment and accompaniment to integrate a diversity of gifts, ministries, and activities, according to the charism given to us, knowing that "to each individual the manifestation of the Spirit is given for some benefit" (cf. 1Cor 12:7).

May the Lord, giver of all good, grant us the gift of his Spirit, so that united in him we may be "witnesses of the love of Jesus Christ through the union and charity among us" (*SRCF* 6).

United in prayer and our shared mission,

Fr. John Connor, L.C.  Nancy Nohrden  Felix Gomez Rueda

Francisco Gamez  Alvaro Abellán-Garcia Barrio

*Attachment: Document Considerations on Charisms, Healing Ministry, and Life in the Spirit*